

# Self-concept and Youth Empowerment

TSA has been funded by the Pidem fund for a 3 year project beginning May 2002 which will explore interventions linking participation or empowerment projects to self esteem .

The initial stage of the project is finding and examining existing models and setting up a 'Think tank' of young people to take part in the project. From that learning we will develop and evaluate pilot projects over the next 2 years.

## Background

The background to this project is mental health work which TSA has been involved in during the Adolescent Mental Health Initiative and the Youth Voice project.

We are also interested in further developing practical ways to apply our learning from projects which have involved peer support and peer education and mentoring of young people by adults.

We are looking for examples of helpful practice from young people and adults. If you are interested in learning more about this project or have any information which might help us please contact:

Dorothy Eddi Piper  
Training and Development,  
Trust for the Study of Adolescence.  
23 New Road, Brighton, BN1 1WZ.  
Tel: 01273 771249  
Fax: 01273 729098  
Email: [epiper@tsa.uk.com](mailto:epiper@tsa.uk.com)



## Trust for the Study of Adolescence

A charitable organisation which aims to improve the lives of young people and families.

23 New Road, Brighton, East Sussex. BN1 1WZ. UK  
Tel: +44 (0) 1273 693311 Fax: +44 (0) 1273 679907