



Trust for the
Study of
Adolescence

Where to look for help

Many parents and carers of young people want information, advice and support at some point. This easy to use guide helps to locate the organisations that can help. Contents include:

What sort of information and help do you want?

Details of organisations offering support, by topic, for parents and carers. Also a section for young people.

An index of topics and organisations.



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"I did get to the point where I nearly gave up. I spent most of an afternoon trying different organisations. But in the end I got some really useful information, some excellent stuff, and it's been very good, it has helped."



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